

CONSTIFREE

The Bowl Health Supplement

Constipation can be a symptom of a range of disorders or of drug toxicity. It tends to be more common in the elderly, in men, women and in late pregnancy. In general, it is advised to improve lifestyle (including exercise and adequate hydration), and dietary modification.

Where lifestyle changes and dietary modification are insufficient, a laxative may be considered.

Laxative (purgatives or cathartics) promote defaecation and are used in the treatment of constipation. Constifree offers evacuation with relaxation. Constifree has specific laxatives in therapeutic concentrations and extract of each ingredient is pharmacologically established, clinically proven and standardized through modern technology to ensure uniform potency.

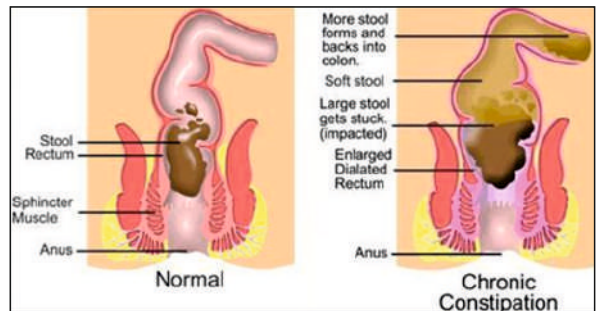
Ingredients & benefits:-

Cassia senna in Constifree is an anthraquinone stimulant laxative that is used to treat constipation. Cassia senna is UK FDA approved drug for adults and children ages 2 years and older.

Triphala constitutes [*Emblca officinalis*] (**Amalaki**), *Terminalia chebula* (**Haritaki**) and *Terminalia bellirica* (**Bibhitaki**) in Constifree consists of equal parts of three myobalans, taken without seeds.

Triphala is most well-known for its gentle effects on the bowels (supporting regular bowel movements by improving peristalsis) and cleansing toxic buildup wastes (gastro intestinal tract cleanser) and it also helps in digestion.

Carum roxburghianum (**Ajmod**) in Constifree acts and gut relaxant and have anti spasmodic properties. Constifree is free from Steroid and heavy metals. Also, bacteria like *E.coli* and *Salmonella* are absent. Total Bacterial Count (TBC) is within the limit.



Dosage: Dose of Constifree is 5-10 gm at bed time.

Net Content: 100 gm

MRP : ₹ 390/- incl. of all taxes.